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FYUGP

**PSYCHOLOGY HONOURS/ RESEARCH**

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FOR UNDER GRADUATE COURSES UNDER NILAMBER  
PITAMBER UNIVERSITY



Implemented from  
Academic Session 2022-2026

**Members of Board of Studies of NEP Curriculum of Psychology**  
**Major & Minor Courses under Nilamber-Pitamber University, Medininagar, Palamu**

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## **HIGHLIGHTS OF REGULATIONS OF FYUGP**

### **PROGRAMME DURATION**

- The Full-time, Regular UG programme for a regular student shall be for a period of four years with multiple entry and multiple exit options.
- The session shall commence from **1<sup>st</sup> of July**.

### **ELIGIBILITY**

- The selection for admission will be primarily based on availability of seats in the Major subject and marks imposed by the institution. Merit point for selection will be based on marks obtained in Major subject at Class 12 (or equivalent level) or the aggregate marks of Class 12 (or equivalent level) if Marks of the Major subject is not available. Reservation norms of The Government of Jharkhand must be followed as amended in times.

### **ADMISSION PROCEDURE**

- The reservation policy of the Government of Jharkhand shall apply in admission and the benefit of the same shall be given to the candidates belonging to the State of Jharkhand only. The candidates of other states in the reserved category shall be treated as General category candidates. Other relaxations or reservations shall be applicable as per the prevailing guidelines of the University for FYUGP.

### **ACADEMIC CALENDAR**

- Each year the University shall draw out a calendar of academic and associated activities, which shall be strictly adhered to. The same is non-negotiable. Further, the Department will make all reasonable endeavors to deliver the programmes of study and other educational services as mentioned in its Information Brochure and website. However, circumstances may change prompting the Department to reserve the right to change the content and delivery of courses, discontinue or combine courses and introduce or withdraw areas of specialization.

### **PROGRAMME OVERVIEW/ SCHEME OF THE PROGRAMME**

- Undergraduate degree programmes of either 3 or 4-year duration, with multiple entries and exit points and re-entry options within this period, with appropriate certifications such as:
  - a Certificate after completing 1 year (2 semesters) of study in the chosen fields of study,
  - a Diploma after 2 years (4 semesters) of study,
  - a Bachelor after a 3-year (6 semesters) programme of study,
  - a Bachelor (with Hons. / Research) after a 4-year (8 semesters) programme of study

### **VALIDITY OF REGISTRATION**

- Validity of a registration for FYUGP will be for maximum for Seven years from the date of registration.

### **CALCULATION OF MARKS FOR THE PURPOSE OF RESULT**

- Student's final marks and the result will be based on the marks obtained in Semester Internal Examination and End Semester Examination organized taken together.
- Passing in a subject will depend on the collective marks obtained in Semester internal and End Semester University Examination both. However, students must pass in Theory and Practical Examinations separately.

### **PROMOTION AND SPAN PERIOD**

- i. The Requisite Marks obtained by a student in a particular subject will be the criteria for promotion to the next Semester.
- ii. No student will be detained in odd Semesters (I, III, V & VII).
- iii. To get promotion from Semester-II to Semester-III a student will be required to pass in at least 75% of Courses in an academic year (a student has to pass in minimum 9 papers out of the total 12 papers. However, it will be necessary to procure pass marks in each of the paper before completion of the course.
- iv. To get promotion from Semester-IV to Semester-V (taken together of Semester I, II, III & IV) a student has to pass in minimum 16 papers out of the total 22 papers.
- v. Eligibility to get entry in Semester VII is to secure a minimum of 7.5 CGPA up to semester VI along with other criteria imposed by the Institution.

### **PUBLICATION OF RESULT**

- The result if the examination shall be notified by the Controller of Examinations of the University in different newspapers and also on University website.
- If a student is found indulged in any kind of malpractice/ unfair means during examination, the examination taken by the student for the semester will be cancelled. The candidate has to reappear in all the papers of the session with the students of next coming session and his one year will be detained. However, marks secured by the candidate in all previous semesters will remain unaffected.
- There shall be no Supplementary or Re-examination for any subject. Students who have failed in any subject in an even semester may appear in the subsequent even semester examination for clearing the backlog. Similarly, the students who have failed in any subject in an odd semester may appear in the subsequent odd semester examination for clearing the backlog.
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- Regulation related with any concern not mentioned above shall be guided by the Regulations of the University for FYUGP.

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## COURSE STRUCTURE FOR FYUGP 'HONOURS/ RESEARCH'

Table 1: Credit Framework for Four Year Undergraduate Programme (FYUGP) under State Universities of Jharkhand [Total Credits = 176]

Semester	Common Courses (29)									Introductory Courses (15)		Internship/ Project (4)	Major* (54) + Adv. Major (24)	Minor** (32)		Research Courses (18)				Total Credit
	Language and Communication Skills (Modern Indian Language including TRL) (6)	Language and Communication Skills (English) (6)	Environmental Studies (3)	Understanding India (2)	Health & Wellness, Yoga Education, Sports & Fitness (2)	Digital Education (3)	Mathematical & Computational Thinking and Analysis (2)	Value-Based Course/ Global Citizenship Education (2)	Community Engagement/ NCC/ NSS/ (3)	Introductory Courses [Natural Sc./ Humanities/ Social Sc./Commerce] (9)	Introductory Course [Vocational Studies] (6)			Natural Sc./ Humanities/ Social Sc./ Commerce (18)	Vocational Studies (14)	Research Methodology Courses (6)	Research Proposal, Review of literature (4)	Research Internship/ Field Work (4)	Preparation of the Research Project Report (4)	
1	2	3	4	5	6	7	8			9	10	11	14	15	16	17	18	19	20	21
I	6			2	2					3	3		6							22
II		6					2	2		3	3		6							22
<b>Exit Point: Undergraduate Certificate</b>																				
III			3			3			3	3		4	6							22
IV													6+6	6	4					22
<b>Exit Point: Undergraduate Diploma</b>																				
V													6+6	6	4					22
VI													6+6	6	4					22
<b>Exit Point: Bachelor's Degree</b>																				
VII													6+6 (Adv. Topics)			6	4			22
VIII													6+6 (Adv. Topics)		2			4	4	22
<b>Exit Point: Bachelor's Degree with Hons. /Research</b>																				

\*There will be four disciplinary areas: A-Natural Science, B-Humanities, C-Social Science, and D-Commerce; each having basket of courses. A student will have to select a 'Major' from any of the four disciplinary areas (out of A, B, C & D). The selection for admission will be primarily based on availability of seats in Major and marks imposed by the institution.

\*\*A student has to select three subjects for 'Introductory Regular Courses' from a pool of subjects associated with the Major offered by the institution. One of the three subjects will continue as 'Minor' from semester IV onwards, based on the academic interest and performance of the student.

Session 2022-26 onwards

## COURSES OF STUDY FOR FOUR YEAR UNDERGRADUATE PROGRAMME

**Table 2: Course structure for Undergraduate Certificate Programme [May Exit after Sem.-II]**

Semester	Common Courses			Introductory Courses		Major	Total Credits
Sem.-I	LCS (MIL/TRL) (6 Credits)	Understanding India (2 Credits)	Health & Wellness, Yoga Education, Sports & Fitness (2 Credits)	IRC-1 (3 Credits)	IVS-1A (3 Credits)	MJ-1 (6 Credits)	(22)
Sem.-II	LCS (English) (6 Credits)	Global Citizenship Education (2 Credits)	Mathematical & Computational Thinking (2 Credits)	IRC-2 (3 Credits)	IVS-1B (3 Credits)	MJ-2 (6 Credits)	(22)

**Total = 44 Credits**

(LCS: Language and Communication Skills; MIL: Modern Indian Languages; TRL: Tribal Regional Languages;  
IRC: Introductory Regular Courses; IVS: Introductory Vocational Studies, MJ: Major)

**Table 3: Course structure for Undergraduate Diploma Programme [May Exit after Sem.-IV]**

Semester	Common Courses			Introductory Courses	Major	Minor	Internship/ Project	Vocational	Total Credits
Sem.-III	Environmental Studies (3 Credits)	Community Engagement/ NCC/ NSS (3 Credits)	Digital Education (3 Credits)	IRC-3 (3 Credits)	MJ-3 (6 Credits)		Internship/ Project (4 Credits)		(22)
Sem.-IV					MJ-4, MJ-5 (6+6=12 Credits)	MN-1 (6 Credits)		VS-1 (4 Credits)	(22)

**Total = 88 Credits**

(MN: Minor; VS: Vocational Studies)

**Table 4: Course structure for Bachelor's Degree Programme [May Exit after Sem.-VI]**

Semester	Major Courses	Minor Courses	Vocational	Total Credits
Sem.-V	MJ-6, MJ-7 (6+6 = 12 Credits)	MN-2 (6 Credits)	VS-2 (4 Credits)	(22)
Sem.-VI	MJ-8, MJ-9 (6+6= 12 Credits)	MN-3 (6 Credits)	VS-3 (4 Credits)	(22)

**Total = 132 Credits****Table 5: Course structure for Bachelor's Degree with Hons./Research Programme**

Semester	Advance Courses	Research Courses	Vocational	Total Credit
Sem.-VII	AMJ-1, AMJ-2	Research Methodology (6+6=12 Credits)	Research Proposal (6 Credits) (4 Credits)	(22)
Sem.-VIII	AMJ-3, AMJ-4 (6+6=12 Credits)	Research Int./Field Work (4 Credits)	Research Report (4 Credits) (2 Credits)	(22)

**Total = 176 Credits**

(AMJ: Advance Major; VSR: Vocational Studies associated with Research)



**Table 6: Semester wise Course Code and Credit Points:**

Semester	Common, Introductory, Major, Minor, Vocational & Internship Courses		Credits
	Code	Papers	
<b>I</b>	CC-1	Language and Communication Skills (Modern Indian language including TRL)	6
	CC-2	Understanding India	2
	CC-3	Health & Wellness, Yoga Education, Sports & Fitness	2
	IRC-1	Introductory Regular Course-1	3
	IVS-1A	Introductory Vocational Studies-1	3
	MJ-1	Major paper 1 (Disciplinary/Interdisciplinary Major)	6
<b>II</b>	CC-4	Language and Communication Skills (English)	6
	CC-5	Mathematical & Computation Thinking Analysis	2
	CC-6	Global Citizenship Education & Education for Sustainable Development	2
	IRC-2	Introductory Regular Course-2	3
	IVS-1B	Introductory Vocational Studies-2	3
	MJ-2	Major paper 2 (Disciplinary/Interdisciplinary Major)	6
<b>III</b>	CC-7	Environmental Studies	3
	CC-8	Digital Education (Elementary Computer Applications)	3
	CC-9	Community Engagement & Service (NSS/ NCC/ Adult Education)	3
	IRC-3	Introductory Regular Course-3	3
	IAP	Internship/Apprenticeship/ Project	4
	MJ-3	Major paper 3 (Disciplinary/Interdisciplinary Major)	6
<b>IV</b>	MJ-4	Major paper 4 (Disciplinary/Interdisciplinary Major)	6
	MJ-5	Major paper 5 (Disciplinary/Interdisciplinary Major)	6
	MN-1	Minor Paper 1 (Disciplinary/Interdisciplinary Minor)	6

	VS-1	Vocational Studies-1 (Minor)	4
<b>V</b>	MJ-6	Major paper 6 (Disciplinary/Interdisciplinary Major)	6
	MJ-7	Major paper 7 (Disciplinary/Interdisciplinary Major)	6
	MN-2	Minor Paper 2 (Disciplinary/Interdisciplinary Minor)	6
	VS-2	Vocational Studies 2 (Minor)	4
<b>VI</b>	MJ-8	Major paper 8 (Disciplinary/Interdisciplinary Major)	6
	MJ-9	Major paper 9 (Disciplinary/Interdisciplinary Major)	6
	MN-3	Minor Paper 3 (Disciplinary/Interdisciplinary Minor)	6
	VS-3	Vocational Studies 3 (Minor)	4
<b>VII</b>	AMJ-1	Advance Major paper 1 (Disciplinary/Interdisciplinary Major)	6
	AMJ-2	Advance Major paper 2 (Disciplinary/Interdisciplinary Major)	6
	RC-1	Research Methodology	6
	RC-2	Research Proposal	4
<b>VIII</b>	AMJ-3	Advance Major paper 3 (Disciplinary/Interdisciplinary Major)	6
	AMJ-4	Advance Major paper 4 (Disciplinary/Interdisciplinary Major)	6
	RC-3	Research Internship/Field Work	4
	RC-4	Research Report	4
	VSR	Vocational Studies (Associated with Research)	2
		<b>Total Credit</b>	<b>176</b>

**Abbreviations:**

CC Common Courses

IRC Introductory Regular Courses

IVS Introductory Vocational Studies

IAP Internship/Apprenticeship/ Project

VS Vocational Studies

MJ Major Disciplinary/Interdisciplinary Courses

MN Minor Disciplinary/Interdisciplinary Courses

AMJ Advance Major Disciplinary/Interdisciplinary Courses

RC Research Courses

VSR Vocational Studies associated with Research

## SEMESTER WISE COURSES IN PSICHOLOGY FOR FYUGP

**2022 onwards****Table 7: Semester wise Examination Structure in Discipline Courses:**

Semester	Common, Introductory, Major, Minor, Vocational & Internship Courses		Examination Structure			
	Code	Papers	Credits	Mid Semester Theory (F.M.)	End Semester Theory (F.M.)	End Semester Practical/ Viva (F.M.)
<b>I</b>	MJ-1	Introduction to Psychology	6	15	60	25
<b>II</b>	MJ-2	Understanding Psychological disorder	6	15	60	25
<b>III</b>	MJ-3	Foundation of social Psychology	6	15	60	25
<b>IV</b>	MJ-4	Basics of Clinical Psychology	6	15	60	25
	MJ-5	Psychological testing and assessment.	6	15	60	25
<b>V</b>	MJ-6	Positive Psychology	6	15	60	25
	MJ-7	Foundation of Organizational Behaviour	6	15	60	25
<b>VI</b>	MJ-8	Emergence of Environmental Psychology	6	15	60	25
	MJ-9	Foundation of Developmental Psychology	6	15	60	25
<b>VII</b>	AMJ-1	Counselling Skills	6	15	60	25
	AMJ-2	Quantitative Data Analysis	6	15	60	25
	RC-1	Field Techniques, Surveying and Research Methods	6	25	75	---
	RC-2	Research Proposal, Review of literature	4	25	75	---
<b>VIII</b>	AMJ-3	Psychology and its application	6	15	60	25
	AMJ-4	Stress Management	6	15	60	25
	RC-3	Research Internship/ field work	4	---	---	100
	RC-4	Preparation of the Research project report	4	---	---	100
	VSR	Vocational Studies (Associated with Research)	2	---	---	100
		<b>Total Credit</b>	<b>98</b>			

**Table 7: Semester wise Course Code and Credit Points:**

Semester	Common, Introductory, Major, Minor, Vocational & Internship Courses		Examination Structure			
	Code	Papers	Credits	Mid Semester Theory (F.M.)	End Semester Theory (F.M.)	End Semester Practical/ Viva (F.M.)
<b>I/ II/ III</b>	IRC	Introductory Psychology	3	---	75	25
<b>IV</b>	MN-1	Psychology and Mental Health	6	15	60	25
<b>V</b>	MN-2	Social Psychology	6	15	60	25
<b>VI</b>	MN-3	Psychology At Work	6	15	60	25
		<b>Total Credit</b>	<b>21</b>			

## **AIMS OF BACHELOR'S DEGREE PROGRAMME IN PSYCHOLOGY**

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The undergraduate psychology programme aims at the following goals:

1. Offering learning opportunities to orient the students towards scientific and humanistic study of the complexities of human mind and behaviour.
2. Imparting knowledge of basic psychological concepts and methods, and developing ability to appreciate the challenges in field settings.
3. Help shaping cognitive, affective and behavioural abilities of students for building responsible psychology professionals and researchers.
4. Facilitating acquisition of basic skills in major areas of application (e.g. psychological testing, experimentation, counselling, interviewing, developing psychological tools, behaviour modification, data analysis, report writing).
5. Promoting self-understanding, reflexivity and personal growth. Helping students understand the complexities of self and human relationships and how the two make each other up.
6. Developing a strong sense of ethical and moral aptness in general and in the context of learning and its assessment in particular.
7. Helping students master the basic reflective, analytical, scientific writing, computational and communicative competencies.
8. Developing respect for social diversity and increasing social and cultural relevance of learning.

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## PROGRAM LEARNING OUTCOMES

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The learners who complete FYUGP of full-time undergraduate programme in psychology would earn a Bachelor's degree Honours/research. The learning outcomes that a student should be able to demonstrate on completion of a degree level programme may involve academic, behavioural and social competencies as described below:

### Academic Competence

1. Disciplinary knowledge and methods including data analysis and computer literacy.
2. Basic professional skills pertaining to psychological testing, assessment and counselling.
3. Ability to use skills in specific areas related to chosen specialization (e.g. cognitive, industrial-organizational, clinical, counselling, health, educational, social, community).
4. Ability to relate and connect concepts with personal experiences and using critical thinking.
5. Curiosity and ability to formulate psychology related problems and using appropriate concepts and methods to solve them.
6. Ability to use various e-resources and social media and negotiating with technological challenges.
7. Articulation of ideas, scientific writing and authentic reporting, effective presentation skills.
8. Dealing with conflicting theories and approaches, learning to withstand ambiguities and understanding the limitations of the discipline.

### Personal & Behavioural Competence

1. Self-development, health and hygiene, self-regulation skills.
2. Developing positive attributes such as empathy, compassion, social participation, and accountability.
3. Developing cultural and historical sensibility particularly indigenous traditions, socio-cultural context and diversity.
4. Having conversational competence including communication and effective interaction with others, listening, speaking, and observational skills.
5. Appreciating and tolerating different perspectives.
6. Ability to work both independently and in group and dealing effectively with clients and stakeholders, learning the art of negotiation.

### Social Competence

1. Collaboration, cooperation and realizing the power of groups and community.
2. Analysing social problems and understanding social dynamics.
3. Gender sensitization including gender respect, respect for one's own gender, dealing with gender confusion and gender identity issues.
4. Ethical, social and ecological responsibility including acknowledging the dignity and presence of others, awareness of social order, learning of values and social concern reflected through activation of social participates (e.g. village surveys, visiting old age homes and spending time with elderly, orphanage community service etc).
5. Moral and ethical awareness and reasoning involving objective and unbiased work attitude, avoiding unethical behaviours such as data fabrication and plagiarism, observing code of conduct, respecting intellectual property rights and being aware of the implications and ethical concerns of research studies.
6. Commitment to health and wellbeing at different levels (e.g. individual, organization, community, society).

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## SEMESTER I

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### I. MAJOR COURSE –MJ 1:

(Credits: Theory-04, Practicals-02)

Marks: 15 (5 Attd. + 10 SIE: 1Hr) + 60 (ESE: 3Hrs) = 75	Pass Marks: Th (SIE + ESE) = 30
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#### *Instruction to Question Setter for*

##### Semester Internal Examination (SIE 10+5=15 marks):

There will be **two** group of questions. **Question No.1** will be **very short answer type in Group A** consisting of five questions of 1 mark each. **Group B will contain descriptive type** two questions of five marks each, out of which any one to answer.

The Semester Internal Examination shall have two components. (a) One Semester Internal Assessment Test (SIA) of 10 Marks, (b) Class Attendance Score (CAS) of 5 marks. Conversion of Attendance into score may be as follows: (Attendance Upto 45%, 1mark; 45<Attd.<55, 2 marks; 55<Attd.<65, 3 marks; 65<Attd.<75, 4 marks; 75<Attd, 5 marks)

##### End Semester Examination (ESE 60 marks):

There will be **two** group of questions. **Group A is compulsory** which will contain three questions. **Question No.1 will be very short answer type** consisting of five questions of 1 mark each. **Question No.2 & 3 will be short answer type** of 5 marks. **Group B will contain descriptive type** five questions of fifteen marks each, out of which any three are to answer.

*Note: There may be subdivisions in each question asked in Theory Examinations.*

## INTRODUCTION TO PSYCHOLOGY

**Theory: 60 Lectures**

### Course Learning Outcomes:

After the completion of course, the students will have ability to:

1. Understanding what Psychology is all about.
2. Appreciation of the scope and the field of Psychology.
3. Developing familiarity with basic concepts related to some foundational themes of study in Psychology such as learning, memory, perception, thinking, emotion, motivation and human biological system including brain.
4. Developing familiarity with individual level phenomenon such as intelligence and personality.

### Course Content:

#### **Unit-I: Introduction:**

1. Nature of Psychology: Definition, Subject matter and Branches of Psychology
2. Psychology in India: History and current status
3. Methods of Psychology (with special emphasis on Experimentation: Variables and types of experimentation.
4. Biological basis of human behaviour (with emphasis on central nervous system

#### **Unit-II: Learning, Memory and Perception**

1. Learning: Classical conditioning, Instrumental learning
2. Memory: Models of memory: Information processing model (sensory register, STM, LTM and concept of working memory), Reconstructive, nature of memory; Forgetting, Improving memory

3. Perception: Process and Gestalt view point of perception.

### Unit-III: Motivation and Emotion-

1. Approaches to understanding motivation and Types of motives
2. Elements of Emotions (Components, James Lange and Hypothalamus Theories of Emotion)

### Unit-IV: Individual differences: Personality and Intelligence

1. Personality: Nature and Theories: Psychodynamic and humanistic approaches.
2. Biological, Sociological & Cultural factors of personality
3. Intelligence: Nature and Theories: Two factor theory, Effect of heredity and environment on intelligence, Emotional intelligence

### Reference Books:

1. Banyard, P., Davies, M. N. O., Norman, C. & Winder, B. (Eds.) (2010). Essential psychology. New Delhi: SAGE Publications.
2. Baron, R. & Misra, G. (2014). Psychology. New Delhi: Pearson.
3. Ciccarelli, S. K. & White, J. N. & Misra, G. (2018). Psychology. New Delhi: Pearson Education.
4. Morgan, C. T., King, R., Weise, J. & Schopler, J. (2017). Introduction to Psychology (7th Ed.) McGraw Hills.
5. Holt, N., Brener, A., Sutherland, E., Vliek, M. and Passer, M., & Smith, R. (2015).
6. Psychology: The Science of Mind and Behaviour. London: Tata McGraw-Hill.

## PSYCHOLOGY PRACTICAL- MJ 1 LAB

Marks : Pr (ESE: 3Hrs) =25

Pass Marks: Pr (ESE) = 10

### *Instruction to Question Setter for End Semester Examination (ESE):*

*There will be one Practical Examination of 3Hrs duration. Evaluation of Practical Examination may be as per the following guidelines:*

<i>Experiment</i>	<i>= 15 marks</i>
<i>Practical record notebook</i>	<i>= 05 marks</i>
<i>Viva-voce</i>	<i>= 05 marks</i>

### PRACTICALS:

**60 Lectures**

#### Practical Work

1. Memorizing non-sense syllables by the method of simple & serial reproduction
2. Effect of Knowledge of results on performance
3. Eysenck Personality questionnaire
4. Measurement of self esteem
5. General Intelligence Test (GIT) Mohsin



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## SEMESTER II

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### I. MAJOR COURSE- MJ 2:

(Credits: Theory-04, Practicals-02)

**Marks: 15 (5 Attd. + 10 SIE: 1Hr) + 60 (ESE: 3Hrs) = 75**

**Pass Marks: Th (SIE + ESE) = 30**

***Instruction to Question Setter for***

***Semester Internal Examination (SIE 10+5=15 marks):***

*There will be two group of questions. Question No.1 will be **very short answer type in Group A** consisting of five questions of 1 mark each. **Group B will contain descriptive type** two questions of five marks each, out of which any one to answer.*

*The Semester Internal Examination shall have two components. (a) One Semester Internal Assessment Test (SIA) of 10 Marks, (b) Class Attendance Score (CAS) of 5 marks. Conversion of Attendance into score may be as follows: (Attendance Upto 45%, 1mark; 45<Attd.<55, 2 marks; 55<Attd.<65, 3 marks; 65<Attd.<75, 4 marks; 75<Attd, 5 marks)*

***End Semester Examination (ESE 60 marks):***

*There will be two group of questions. **Group A is compulsory** which will contain three questions. **Question No.1 will be very short answer type** consisting of five questions of 1 mark each. **Question No.2 & 3 will be short answer type** of 5 marks. **Group B will contain descriptive type** five questions of fifteen marks each, out of which any three are to answer.*

*Note: There may be subdivisions in each question asked in Theory Examinations.*

**Theory: 60 Lectures**

### UNDERSTANDING PSYCHOLOGICAL DISORDERS

To provide knowledge about distinguishing normal and abnormal behaviour, educate students about anxiety.

**Learning Outcome:**

1. Foundational knowledge of abnormal Psychology and its historical development.
2. Acquiring knowledge and skills for distinguishing normal and abnormal behaviour and learn the criteria of determining abnormality.
3. Developing familiarity with the current diagnostic systems (current edition of the Diagnostic and Statistical Manual of Mental Disorders and International Classification of Diseases- Mental Disorder section).
4. Acquiring knowledge about anxiety disorders and Trauma .

**Course Content:****Unit-I: Normality and Abnormality**

- 1.The concept of normality and abnormality.  
Criteria and classification

**Unit-II: Clinical Pictures and Etiology**

- 1.Clinical picture of Anxiety disorders and Obsessive compulsive disorder  
Somatoform Disorders: Conversion Disorder, Hypochondriasis.

**Unit-III: Manic-Depressive Psychosis**

- Symptoms and etiology
- Substance related disorder

**Unit-IV: Trauma & Stressor-related, Dissociative and Personality Disorders: Clinical Picture and Etiology**

1. Adjustment Disorder
2. Post-Traumatic Stress Disorder
3. Dissociative Identity Disorder
4. Personality Disorders (Clusters A, B and C): Only Clinical Picture.

**Suggested Readings:**

- Bennett,P. (2006). Abnormal and Clinical Psychology: An introductory textbook. N.York: Open Univ. Press.
  - Brewer,K. (2001). Clinical Psychology.Oxford : Heinemann Educational Publishers
  - Carson,R.C., Butcher,J.N.,Mineka,S.&Hooley,J.M. (2008). Abnormal Psychology. New Delhi: Pearson.
  - David Barlow H. & Durand V. Mark, 7thEdition, e-book (2013) Abnormal Psychology :Cengage Learning India Edition
  - Kearney, C. A. &Trull, T. J. (2012). Abnormal Psychology and Life: A dimensional approach. New Delhi :Cengage learning.
  - Singh, A.K. *Asamanya Kanovigyan*.
  - Suleman, M *Asamanya Monovigyan ki Ruprekha*.
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**PSYCHOLOGY PRACTICAL- MJ 2 LAB:****Marks : Pr (ESE: 3Hrs) =25****Pass Marks: Pr (ESE) = 10*****Instruction to Question Setter for******End Semester Examination (ESE):***

*There will be one Practical Examination of 3Hrs duration. Evaluation of Practical Examination may be as per the following guidelines:*

<i>Experiment</i>	<i>= 15 marks</i>
<i>Practical record notebook</i>	<i>= 05 marks</i>
<i>Viva-voce</i>	<i>= 05 marks</i>

**PRACTICALS:****60 Lectures****Practical Work:**

1. Mental health scale
  2. Neurosis Measurement Scale
  3. Anxiety, Depression and Stress Scale.
  4. Projective techniques- TAT,WAT,Rorschach.
  5. Psychological well being scale.
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FORMAT OF QUESTION PAPER FOR SEMESTER INTERNAL EXAMINATION

Question format for 10 Marks:

Subject/ Code		Exam Year
F.M. =10	Time=1Hr.	
<b>General Instructions:</b>		
i. <b>Group A</b> carries very short answer type compulsory questions. ii. <b>Answer 1 out of 2</b> subjective/ descriptive questions given in <b>Group B</b> . iii. Answer in your own words as far as practicable. iv. Answer all sub parts of a question at one place. v. Numbers in right indicate full marks of the question.		
<b>Group A</b>		
1.		[5x1=5]
i.	.....	
ii.	.....	
iii.	.....	
iv.	.....	
v.	.....	
<b>Group B</b>		
2.	.....	[5]
3.	.....	[5]
<b>Note:</b> There may be subdivisions in each question asked in Theory Examination.		

Question format for 20 Marks:

Subject/ Code		Exam Year
F.M. =20	Time=1Hr.	
<b>General Instructions:</b>		
i. <b>Group A</b> carries very short answer type compulsory questions. ii. <b>Answer 1 out of 2</b> subjective/ descriptive questions given in <b>Group B</b> . iii. Answer in your own words as far as practicable. iv. Answer all sub parts of a question at one place. v. Numbers in right indicate full marks of the question.		
<b>Group A</b>		
1.		[5x1=5]
i.	.....	
ii.	.....	
iii.	.....	
iv.	.....	
v.	.....	
2.	.....	[5]
<b>Group B</b>		
3.	.....	[10]
4.	.....	[10]
<b>Note:</b> There may be subdivisions in each question asked in Theory Examination.		

FORMAT OF QUESTION PAPER FOR END SEMESTER UNIVERSITY EXAMINATION

Question format for 50 Marks:

Subject/ Code		Exam Year
F.M. =50	Time=3Hrs.	
<b>General Instructions:</b>		
i. <b>Group A</b> carries very short answer type <b>compulsory</b> questions. ii. <b>Answer 3 out of 5</b> subjective/ descriptive questions given in <b>Group B</b> . iii. Answer in your own words as far as practicable. iv. Answer all sub parts of a question at one place. v. Numbers in right indicate full marks of the question.		
<b>Group A</b>		
1.		[5x1=5]
i.	.....	
ii.	.....	
iii.	.....	
iv.	.....	
v.	.....	
<b>Group B</b>		
2.	.....	[15]
3.	.....	[15]
4.	.....	[15]
5.	.....	[15]
6.	.....	[15]
<b>Note:</b> There may be subdivisions in each question asked in Theory Examination.		

Question format for 60 Marks:

Subject/ Code		Exam Year
F.M. =60	Time=3Hrs.	
<b>General Instructions:</b>		
i. <b>Group A</b> carries very short answer type <b>compulsory</b> questions. ii. <b>Answer 3 out of 5</b> subjective/ descriptive questions given in <b>Group B</b> . iii. Answer in your own words as far as practicable. iv. Answer all sub parts of a question at one place. v. Numbers in right indicate full marks of the question.		
<b>Group A</b>		
1.		[5x1=5]
i.	.....	
ii.	.....	
iii.	.....	
iv.	.....	
v.	.....	
2.	.....	[5]
3.	.....	[5]
<b>Group B</b>		
4.	.....	[15]
5.	.....	[15]
6.	.....	[15]
7.	.....	[15]
8.	.....	[15]
<b>Note:</b> There may be subdivisions in each question asked in Theory Examination.		

Question format for 75 Marks:

	Subject/ Code	
<b>F.M. = 75</b>	<b>Time=3Hrs.</b>	<b>Exam Year</b>
<b>General Instructions:</b>		
i. <b>Group A</b> carries very short answer type <b>compulsory</b> questions. ii. <b>Answer 4 out of 6</b> subjective/ descriptive questions given in <b>Group B</b> . iii. Answer in your own words as far as practicable. iv. Answer all sub parts of a question at one place. v. Numbers in right indicate full marks of the question.		
<b>Group A</b>		
1.		[5x1=5]
i.	.....	
ii.	.....	
iii.	.....	
iv.	.....	
v.	.....	
2.	.....	[5]
3.	.....	[5]
<b>Group B</b>		
4.	.....	[15]
5.	.....	[15]
6.	.....	[15]
7.	.....	[15]
8.	.....	[15]
9.	.....	[15]
<b>Note:</b> There may be subdivisions in each question asked in Theory Examination.		

Question format for 100 Marks:

	Subject/ Code	
<b>F.M. = 100</b>	<b>Time=3Hrs.</b>	<b>Exam Year</b>
<b>General Instructions:</b>		
i. <b>Group A</b> carries very short answer type <b>compulsory</b> questions. ii. <b>Answer 4 out of 6</b> subjective/ descriptive questions given in <b>Group B</b> . iii. Answer in your own words as far as practicable. iv. Answer all sub parts of a question at one place. v. Numbers in right indicate full marks of the question.		
<b>Group A</b>		
1.		[10x1=10]
i.	.....	
ii.	.....	
iii.	.....	
iv.	.....	
v.	.....	
vi.	.....	
vii.	.....	
viii.	.....	
ix.	.....	
x.	.....	
2.	.....	[5]
3.	.....	[5]
<b>Group B</b>		
4.	.....	[20]
5.	.....	[20]
6.	.....	[20]
7.	.....	[20]
8.	.....	[20]
9.	.....	[20]
<b>Note:</b> There may be subdivisions in each question asked in Theory Examination.		